

\*Please note this is a topic/presenter change from the initial 'Save the Date'  
Emotion Focused Therapy workshop flyer.

# “Too Cool for Therapy: Understanding the Adolescent Client”

**SATURDAY APRIL 12<sup>TH</sup> 2014**

**9:30 AM – 12:00 PM**

(CASUAL WEAR, NO JEANS)

**SAN GABRIEL COUNTRY CLUB**

350 EAST HERMOSA DRIVE

SAN GABRIEL CA 91775

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WORKSHOP PRESENTER:

**Maribel Contreras**, Doctor of Psychology, M.A in Counseling Psychology and B.A in Chicano Studies & Criminal Justice is a Certified National Trainer of Youth Mental Health Youth First Aid, the “Seven Habits of Highly Effective Teens” and a Certified Instructor in the “Parent Project.”

Dr. Contreras has an extensive and collaborative background in Youth Development/Services and Social Service programs as well as school based clinical services within the City and County of Los Angeles and within Orange County. Currently, she is the Program Director for Asian Pacific Family Center-East of Pacific Clinics. Dr. Contreras is highly respected throughout the region for her innovative bi-lingual programs for youth and families.

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**Register online at [www.sgvcamft.org](http://www.sgvcamft.org)**

**Attendees will receive 1 ½ hours training, a great networking opportunity and breakfast!**

**\$15 chapter members  
\$20 non-chapter members**

**Please contact Debbie Jih at [jih.debbie@gmail.com](mailto:jih.debbie@gmail.com) for questions**

**Workshop is free to those who join the chapter between 01/10/14 and 04/10 /14. Payment is due at the time of registration which is open until April 10th. Please note cancellations requesting a refund will be honored up until 3 days prior to the event.**